

# Apex Trust Nursing College & Apex Institute Of Paramedical Science, Chunar

## Report on World Mental Health Day, 2025

On 10 Oct 2025, Apex Trust Nursing College, Conducted, awareness session, at Multipurpose Hall, Nursing College, Ms. Anushi and Ms. Shreya Singh was faculty incharge. The session was chaired by

Patron – Dr. S. K. Singh, Chairman Apex Trust Institute and hospital

Co-patron – Dr. Swaroop Patel, Director, Apex Trust Institute and hospital

Dr. Ankita Patel Director, Apex Trust Institute and hospital

Chef guest Dr. Ankit Ojha, Consultant Apex Trust Hospital and

Guest of Honour Dr. Ankush Prakash, Consultant, Apex Trust Hospital

The session started by welcome address given by Ms. Shreya Clinical instructor ATNC. Theme FOR 2025 was Access to services- Mental Health in Catastrophes and Emergencies which was presented by Ms. Anushi Associate Prof. ATNC.



Dr. Ankit Ojha contributed his thoughts on Importance of conducting awareness session.

Dr Ankush Prakash explained how important for a health worker to spread awareness and how we can be easily available for vulnerable groups of community. Later Dr. Gopi s.s Principia Apex Trust nursing and paramedical institute addressed the gather explaining about how to be prepared for future. Students participated in programs like conducting choreography and panel discussion.



Prof Usha Rani Vice Principal given the closing speech and convinced everyone to communicate the message into the community.

The session was concluded at 3pm with total 200 audience participation.